

## **ADELAIDE TRAIL HORSE RIDERS GUIDELINES FOR YOUR FIRST TRAIL RIDE**

Trail rides are usually conducted across country and along quiet roads in two ways. A longer day ride with a lunch break during the ride or a morning ride of two to three hours, returning to the floats at lunch time and a short afternoon ride if requested.

Rides commence at 10am sharp, so allow time to saddle up and be ready on time. On arrival, please introduce yourself to the trail boss, sign the book and pay the ride fee. (\$15 non members/ \$5 members).

At the commencement of the ride the trail boss will give a brief address and ride description. If you are riding a young or inexperienced horse and encounter any difficulties inform the trail boss so we can assist you.

When riding along a road it is imperative that you ride on the left side in single or double file and stay behind the trail boss unless otherwise instructed.

The pace of the ride is determined by the size and experience of the group but it is usually a fairly modest speed and ridden with due care and consideration to all members. Riders are expected to be able to ride at a walk, trot and canter. It is suggested that horses are ridden in company out in different environments as part of their training before they join in a much larger, organised group and it would be unsuitable for beginner riders. Contact the club if you have any queries about you or your horse's ability.

The first aid person carries the club 1st aid kit, however you need to be prepared to carry your lunch, halter, rope and any other gear, either in saddle bags or backpack. Check with the trail boss if the ride is returning for lunch. The club will call an ambulance if you are injured and it will be at your expense so the club advises you take out ambulance cover.

Please be sensitive to the environment and take your horses manure and discarded feed, left in parking areas, home unless otherwise directed by the trail boss.

On longer trips away a list of requirements is usually provided by the trail boss or included in our club magazine well in advance. ATHRC usually organises at least 2 longer away trips each year.

If you become a member of ATHRC you will receive our magazine (produced quarterly). We hope you thoroughly enjoy the wonderful experience of Trail Riding and we welcome any comments you may have.

Listed below is a quick check of equipment to bring for the day:

Saddle bags / backpack Water / bucket / Hay net / Halter/ Lead rope/ Container for manure and dropped feed / Lunch/ drink / chair /Sunblock/ Wet weather gear / Thermos / cup / Bandage / hoof pick / boot / etc

**HAVE A GREAT RIDE**